
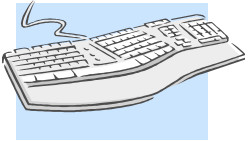











McHenry Township Senior Center Activities



February 2012

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>* Computer Classes Offered Variety of Different Levels Call 815-344-3555</p>  | <p>1</p> <p>8:00 Fitness Training \$ 9:00 Guys-n-Gals Exercise\$ 10:00 Coffee Klatch 11:30 Golden Diners Deli 12:30 Bingo</p>  | <p>2</p> <p>9:00 Crafters Club 9:00 Tai Chi with Allison At Township Hall 3703 N. Richmond Rd. 11:30 Golden Diners Deli</p> | <p>3</p> <p>8:00 Fitness Training \$ 9:00 Guys-n-Gals Exercise\$ 10:00 Coffee Klatch 11:30 Golden Diners Deli 1:00 Line Dancing \$ 1:00 Movie Matinee "Valentines Day" S.H.A.R.E. PROGRAM</p> |
| <p>6</p> <p>8:25-9:10 Guys-n-Gals Exercise\$ 9:15 Guys-n-Gals Exercise \$ 10:00 Coffee Klatch 10:00 Rummikub Club 11:30 Golden Diners Deli Matter of Balance Training begins</p> | <p>7</p> <p>10:00 Bean Bag Toss 10:00 Mah Jong 10:30 Dominoes 11:30 Golden Diners Deli 12:30 Pinochle Club 1:00 Bridge Club</p> | <p>8</p> <p>8:00 Fitness Training \$ 9:00 Guys-n-Gals Exercise\$ 10:00 Coffee Klatch Converge Home Health Lunch and Screening 12:30 Bingo 1:30 Senior Advisory Council</p> | <p>9</p> <p>9:00 Crafters Club 9:00 Tai Chi with Allison At Township Hall 3703 N. Richmond Rd. 11:30 Golden Diners Deli 1:00 Photography with Jerry\$ must register</p> | <p>10</p> <p>8:00 Fitness Training \$ 9:00 Guys n Gals \$ 10:00 Coffee Klatch 11:30 Golden Diners Deli 1:00 Line Dancing \$\$</p>  |
| <p>13</p> <p>8:25-9:10 Guys-n-Gals Exercise\$ 9:15 Guys-n-Gals Exercise \$ 10:00 Coffee Klatch 10:00 Rummikub Club 11:30 Golden Diners Deli</p> | <p>14</p> <p>10:00 Bean Bag Toss 10:00 Mah Jong 10:30 Dominoes 11:30 Golden Diners Deli 12:30 Pinochle Club 1:00 Bridge Club</p> <p>Happy Valentine's Day</p>  | <p>15</p> <p>8:00 Fitness Training \$ 9:00 Guys-n-Gals Exercise \$ 10:00 Coffee Klatch 11:30 Golden Diners Deli 12:30 Bingo</p> | <p>16</p> <p>9:00 Crafters Club 9:00 Tai Chi with Allison At Township Hall 3703 N. Richmond Rd. 11:30 Golden Diners Deli 1:00 "Chocolate Decadence" Culinary Discovery \$</p> | <p>17</p> <p>8:00 Fitness Training \$ 9:00 Guys-n-Gals Exercise \$ 10:00 Coffee Klatch 10:00 Birthday Dozen Cards \$\$ 10:00 President's Day Trivia and Dessert - 11:30 Golden Diners Deli 1:00 Line Dancing - \$</p> |
| <p>20</p> <p>8:25-9:10 Guys-n-Gals Exercise\$ 9:15 Guys-n-Gals Exercise \$ 10:00 Coffee Klatch 10:00 Rummikub Club No Golden Diner's Deli today</p> | <p>21</p> <p>10:00 Bean Bag Toss 10:00 Mah Jong 10:30 Dominoes 11:30 Golden Diners Deli 12:30 Pinochle Club 1:00 Bridge Club</p> | <p>22</p> <p>8:00 Fitness Training \$ 9:00 Guys N Gals Exercise \$ 10:00 Coffee Klatch 10:00 Jeopardy hosted by Anna from Right at Home 11:30 Golden Diners Deli 12:30 Bingo</p> | <p>23</p> <p>9:00 Crafters Club 9:00 Tai Chi with Allison At Township Hall 11:30 Golden Diners Deli 1:00 Movie Matinee "The Help"</p> | <p>24 Exercise Cancelled</p> <p>10:00 Glass Painting \$\$</p> <p>11:30 "An Afternoon at the Oscars" Party \$8.00 Call to register</p> <p>1:00 Line Dancing \$\$</p>   |
| <p>27</p> <p>8:25-9:10 Guys-n-Gals Exercise\$ 9:15 Guys-n-Gals Exercise \$ 10:00 Coffee Klatch 10:00 Rummikub Club 11:30 Golden Diners Deli</p> | <p>28</p> <p>10:00 Bean Bag Toss 10:00 Mah Jong 10:30 Dominoes 11:30 Golden Diners Deli 12:30 Pinochle Club 1:00 Bridge Club</p>  | <p>29</p> <p>8:00 Fitness Training \$ 9:00 Guys N Gals Exercise \$ 10:00 Coffee Klatch 11:30 Golden Diner's Deli 12:30 **Special Leap Year Bingo**</p> | <p>Deli Style lunch served daily For additional information Contact Mary Ann, Manager Salvation Army 815-385-8260</p>  | <p>Alden Terrace of McHenry Will sponsor monthly Blood Pressure Screenings the first Wednesday of each month from 10:30 to 11:30 a.m.</p> |