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SENIOR NETWORK

American Association of Retired Persons (AARP)	888-OUR AARP
Information and referral.	888-687-2277
Coalition of Limited English Speaking Elderly	312-461-0812
Eldercare Locator	800-677-1116
Illinois Department of Aging	800-252-8966
421 East Capitol Ave. #100	
Springfield, IL 62701-1789	
www.state.il.us/aging	
Northeastern Illinois Area Agency on Aging	800-528-2000
245 W. Roosevelt Rd., Bldg. 6	630-293-5990
West Chicago, IL 60185	
www.ageguide.org	
\$ Senior Resource Alliance	815-385-4955
Senior Services Associates, Inc.	800-339-3200
3519 North Richmond Road.....	815-344-3555
McHenry, IL 60050	
110 West Woodstock St.....	815-356-7457
Crystal Lake, IL 60014	
101 South Grove Avenue.....	847-741-0404
Elgin, IL 60120	
www.seniorservicesassoc.org	



ADULT DAY CARE

Family Alliance Adult Day 815-338-3590

Health Program
2028 N. Seminary Avenue
Woodstock, Illinois 60098

\$ Pathways Adult Day Programs Alden Terrace..... 815-344-2600

803 Royal Drive
McHenry, Illinois 60050



CLOTHING

THRIFT SHOPS & EMERGENCY NEEDS

Bethesda Thrift Shop 815-455-2325

26 Crystal Lake Plaza
Crystal Lake, Illinois 60014

Clothing Closet for McHenry County..... 815-338-5316

221 E. Calhoun Street
Woodstock, Illinois 60098

Heavenly Attic Resale 847-854-4552

307 S. Main Street
Algonquin, Illinois 60102

Little Christopher's Resale Shop..... 815-459-9442

469 Lake Street
Crystal Lake, Illinois 60014

Centegra Memorial Medical Center Thrift Shop 815-334-5022
523 W. South Street
Woodstock, Illinois 60098

Pink Door Thrift Shop
Northern Illinois Medical Center Auxiliary 815-344-4560
1208 N. Green Street
McHenry, Illinois 60050

Sparrow's Nest..... 847-639-4082
378 N. Northwest Highway
Cary, Illinois 60013

Sparrow's Nest..... 815-363-6008
3714 W. Elm Street
McHenry, Illinois 60050

Salvation Army Crystal Lake 815-455-2769
290 W. Crystal Lake Avenue
Crystal Lake, Illinois 60014

Salvation Army815-759-9101
4400 W. Elm Street
McHenry, Illinois 60050

Walking Together Resale Shop.....847-458-8958
St. Margaret Mary Catholic Church
117 S Hubbard St.
Algonquin, IL 60102



COUNSELING & SOCIAL WORK

Al-Anon 815-459-6190
Al-Anon meetings in McHenry County www.alanon.alatgen.org

Department of Rehabilitation Services 847-931-2360
Information, counseling, home support services and rehabilitation for mentally and/or physically handicapped adults.

Depression Awareness 866-615-6464
Mental Health Publication Line

Family Alliance, Inc. 815-338-3590
2028 N. Seminary www.familyallianceinc.org
Woodstock, IL 60098
Counseling, adult day health care, care management, case management services, dementia support services and support groups available to McHenry County senior citizens. Some services may be provided in the home. Information and referral.

Family Services and Community Mental Health..... 815-385-6400
Center for McHenry County www.familyserviceonline.org
4100 Veterans Parkway
McHenry, IL 60050
Information and referral. Counseling services available (individual, family, alcohol/drug, marital/couple, casework, group).

Fox River Valley Center for Independent 847-695-5818
Living of McHenry County
730 W. Chicago
Elgin, IL 60123

Centegra Horizons Behavioral Health 815-455-7100
527 W. South Street **800-765-9999**
Woodstock, IL 60098

970 S. McHenry Avenue
Crystal Lake, IL 60014

Illinois Department of Human Services..... 800-843-6154
TTY 800-447-6404

Illinois Migrant Council 815-338-7100, ext. 211

500 Russell Court
Woodstock, IL 60098

Information, counseling, training, and social development for Hispanics and other minorities.

McHenry County Crisis Line..... 800-892-8900

Immediate help for mental health crisis available 24 hours per day. Information and referral.

McHenry County Mental Health Board 815-455-2828

www.mc708.org

Information and referral for mental illness, developmental disabilities or substance abuse services in McHenry County.

National Alliance for the Mentally Ill 815-444-9991

Of McHenry County

www.namimchenry.com

Self-help group for families with a mentally ill relative in residence; Education and advocacy.

Options & Advocacy for McHenry County..... 815-477-4720

www.opad.org

Provides information, assessment and referral to persons with developmental disabilities and emotionally disturbed youths and adults. Also provides educational, social, residential, vocational and related health services.

Pioneer Center of McHenry County..... 815-344-1230

www.Pioneercenter.org

Provides vocational services and a group home setting for the developmentally disabled, and those with traumatic brain injury.



DRIVER'S LICENSE & PHOTO IDS

AARP Driver Safety Program 888-227-7669
www.aarp.org/drive

Handicap Plates 800-252-8980
Vehicle Services Department, Special Plates Division www.sos.state.il.us

License Plate Discount 815-344-3555
Call Senior Services for assistance www.ILtax.com
Must apply and qualify for the Circuit Breaker Program to be eligible. Once the Circuit Breaker application is approved, the form will automatically be forwarded to the Secretary of States Office.

Secretary of State 815-338-3109
Drivers license testing and photo ID services
428 S. Eastwood Drive
Woodstock, Illinois 60098



ELDER ABUSE

Persons 60 and over are protected under Illinois law from being physically, emotionally or

financially victimized.

Senior Services Associates, Inc.

McHenry..... 815-344-3555

Crystal Lake.....815-356-7457

Illinois Department on Aging Senior Help line 800-252-8966

Elder Abuse Report Line..... 866-800-1409

Turning Point (Domestic Violence Agency)..... 815-338-8081

National Fraud Information Center..... 800-876-7060

www.fraud.org



FINANCIAL ASSISTANCE

Clothing Closet of McHenry County..... 815-338-5316

221 E. Calhoun Street

Woodstock, IL 60098

Mon., Wed., Fri. 10 am – 4:30 pm

Sat. 10 am – 1 pm

Direct Assistance Program 815-338-0939

Congregational Unitarian Church

221 Dean Street

Woodstock, IL 60098

Mon. & Thurs. 10 am-Noon

Emergencies only

Resurrection Church Outreach Center 815-338-7330

2918 Country Club Road

Woodstock, IL 60098

Tues. & Sat. 10 am-Noon

Catholic Charities..... 815-344-6956

Bull Valley & Crystal Lake Road

Prescription Medication Only

SALVATION ARMY OUTREACH SERVICE UNITS

If you are eligible for the utility assistance from McHenry County Housing, you are NOT eligible for this program.

- Huntley 847-669-3328**
 - Harvard Area..... 815-943-4474**
 - Island Lake Area 847-526-8764 ext 111**
 - Marengo/Union Areas..... 815-568-7950**
 - McHenry/Wonder Lake,..... 815-455-2769**
 - Crystal Lake, Cary, Algonquin, Oakwood Hills, Fox River Grove,
Lake in the Hills Areas 815-455-2769**
 - Richmond/Spring Grove, Hebron Areas 815-678-0077**
 - Woodstock Area 815-338-0125**
 - Senior Service Associates..... 800-339-3200**
- Some emergency assistance for seniors age 60 and older to meet critical needs and insure safety. Monday-Friday, 8-4. Assists senior citizens in applying for all forms of financial assistance, including Public Aid, Social Security, Circuit Breaker and Income Tax Forms.
- Crystal Lake.....815-356-7457**
 - McHenry.....815-344-3555**
 -Elgin.....847-741-0404**

Social Security Administration 815-338-3751
Call for information regarding Medicare, Supplemental Security Income, and all other Social Security programs.

Social Security Hotline..... 800-772-1213
For any questions regarding Social Security.

TOWNSHIP SUPERVISORS

General financial assistance available. Contact the supervisor for the township in which you reside.

- Alden Township..... 815-648-2720**
- Algonquin Township..... 847-639-2700**
- Burton Township..... 815-675-9139**
- Chemung Township 815-943-8456**

Coral Township	815-923-2424
Dorr Township	815-338-0125
Dunham Township	815-943-5751
Grafton Township	847-669-3328
Greenwood Township	815-648-4653
Hartland Township	815-338-5526
Hebron Township	815-648-2994
McHenry Township	815-385-5605
Marengo & Coral Township	815-568-6683
Nunda Township	815-459-6140
Richmond Township	815-678-0077
Riley Township	815-597-4011
Seneca Township	815-338-2207



FINANCIAL PLANNING

These businesses offer financial products such as reverse mortgages, Medicare Part D insurance and financial management advice with a special emphasis on the needs of seniors.

\$ Financial Freedom.....**847-638-6842**
 5 Prospect Road **wdobner@financialfreedom.com**
 Lake Zurich, IL 60047

\$ Financial Services, Inc......**815-385-9006**
 5427 Bull Valley Road **jmccallag@hotmail.com**
 McHenry, IL 60050

\$ Genworth Financial.....**815-245-4230**
 1135 Caledonia Lane **KRyzawk@sbcglobal.net**
 Crystal Lake, IL 60014

\$ Integrity Financial Professionals.....815-653-9900
 4415 Beck Lane, P.O. Box 219
 Ringwood, IL 60072
IPLAN@MC.NET



FOOD & NUTRITION

GOLDEN DINER’S CONGREGATE NUTRITION SITES:

County Centers coordinated by the Salvation Army. Centers provide lunch and activities to seniors 60 years and older. Call the Center in your area for meal times and to make a reservation.

Cary Park District Krause Senior Center 847-639-8118
 441 W. Main St.
 Cary, IL 60013

The Salvation Army 815-459-4261
 290 Crystal Lake Avenue
 Crystal Lake, IL 60014

Harvard Senior Center 815-943-6844
 12 Ayer St.
 Harvard, IL 60033

McHenry Township Recreation Center.....815-385-8260
 3519 N Richmond Rd
 McHenry, IL 60050

Woodstock Walden Oaks.....815-338-8260
1155 Walden Oaks Dr
Woodstock, IL 60098

HOME DELIVERED MEALS FOR SPECIAL DIETS:

MEALS ON WHEELS

Participants requiring a modified diet program/specified medical diet program receive a noontime meal.

For delivery in the McHenry Area 815-344-6075
Co-Coordinator: Lynn Olson

For delivery in the Crystal Lake Area 815-459-4455 ext 20
YMCA

For delivery in the Harvard Area..... 815-943-2189
Harvard Community Memorial Hospital, ask for Kitchen

Woodstock Area
Centegra Memorial Hospital, Main Kitchen..... 815-334-5057

HOME DELIVERED MEALS (general diet) 815-344-3555
Available to homebound seniors 60+ after an assessment by a case manager from Senior Services Associates.

FOOD PANTRIES:

Food Bank www.northernilfoodbank.org/menu-top-gethelp-getfood.asp

Cary Grove Food Pantry 847-516-3602
8901 South Cary Algonquin Road **Tues. & Thurs. 4 - 6 pm**
Cary, Illinois (behind St. Barnabas Church) **1st and 3rd Sat. 8:30 – 10:30 am**

Crystal Lake Interfaith Food Pantry815-455-0961
257 King Street **Mon. & Fri. 10 am – 5 pm**

Crystal Lake, Illinois 60014

Sat. 9 am-Noon

FISH Food Pantry 847-428-4357

Meadowdale Shopping Center
Carpentersville, Illinois (Inside Mall)

Grafton Township 847-669-3328

10116 North Vine Street
Huntley, Illinois

Mon., Wed., Fri.
1:00 – 4:00 pm

Hebron Food Pantry 815-648-2512

United Methodist Church
9811 Main Street
Hebron, Illinois 60034

1st & 3rd Thurs.
2 - 4 pm

LITH/Algonquin Food Pantry 847-854-1904

600 Oak Street
Lake In The Hills, Illinois 60156

Tuesdays & Thursdays, 1st & 3rd Saturdays
9:30 am - Noon

M.O.R.E. Marengo Food Pantry 815-568-7950

837 W. Grant Hwy (Rte 20)
Marengo, Illinois 60152

Wed. 9:00 am - Noon
2nd Thurs. 3:00 – 6:00 pm

Richmond Community Food Pantry 815-678-4351

10308 Main Street
Richmond, Illinois 60071 (Referral form required. By appointment only. Leave message.)

Helping Hands Food Pantry..... 847-587-7727

2502 Spring Ridge Drive
Spring Grove, Illinois 60081

Tues. & Thurs. 4:00 – 6:30 pm

Wauconda Food Pantry 847-526-8684

100 North Main Street
Wauconda, Illinois 60084

Mon. – Sat. 10 am - noon
Tues. & Thurs. 4:30 – 6:00 pm

Wonder Lake Food Pantry..... 815-653-3832

Nativity Lutheran Church
3506 E. Wonder Lake Road
Wonder Lake, Illinois 60097

Tues. & Wed. 9 am - noon
1st Sat. 10 am - noon

Woodstock Bible Church Food Pantry & Soup Kitchen 815-338-3006
 770 East Kimball Avenue **Sundays 12 – 2 pm**
 Woodstock, Illinois 60098

You may only receive food assistance from the pantry in the area of your permanent residence.



HEALTH & MEDICAL SERVICES

AIDS/HIV:

McHenry County Health Department 815-334-4871
 AIDS/STD (Sexually Transmitted Diseases)
 2200 N. Seminary Road. Annex B
 Woodstock, Illinois 60098

Center for Disease Control..... 800-232-4636 English
 National AIDS Hotline **800-344-7432 Spanish**
800-243-7889 TYY

ALCOHOL/DRUG TREATMENT

Centegra Health System Detox Unit..... 800-765-9999

Good Shepherd Advocate Health Advisor..... 800-323-8622

ALZHEIMER’S DISEASE

Alzheimer’s Association..... 815-484-1300
4777 E. State Street **www.alz.org/illinois**
Rockford, IL 61108

Alzheimer’s Caregivers Support Group..... 815-338-3590
Family Alliance **www.familyallianceinc.org**
2028 N. Seminary Avenue
Woodstock, IL 60098

ARTHRITIS

Greater Chicago Chapter 312-372-2080

CANCER

Centegra Health System Sage Cancer Center..... 815-344-8000
4309 Medical Center Drive **www.centegra.org**
McHenry, IL 60050

Cancer Support Specialist 815-759-4461
Information for the newly diagnosed.

American Cancer Society 800-227-2345

National Cancer Institute 800-422-6237
www.nci.nih.gov

DENTAL

Harper College..... 847-925-6534
1200 W. Algonquin Road
Palatine, Illinois 60067
Dental hygiene services at reduced rates for seniors. No restorative work.

McHenry County Cooperative Dental Clinic 815-337-5616
237 Main Street
Woodstock, IL 60098

Dental Care for low-income residents.

Illinois Foundation of Dentistry..... 312-996-7555

801 S. Paulina
Chicago, IL

DIABETES:

Centegra Diabetes Center..... 815-356-2382

285 Memorial Drive, Suite 106
Crystal Lake, IL 60014

American Diabetes Association..... 800-342-2383

www.diabetes.org

American Association of Diabetes Educators..... www.aadenet.org

HEARING:

Hearing Aid Help line 800-521-5247

HEART DISEASE/STROKE:

American Heart Association www.americanheart.org

OSTEOPOROSIS:

National Osteoporosis 800-231-4222

www.nof.org

PARKINSON'S DISEASE:

Alexian Brother's Hospital.....847-981-3665

Ginger Riley

American Parkinson's Disease Association..... 847-657-5787

Information and referral center

PHYSICIANS:

Call DOC 800-225-5362

Physicians - Home visits

Centegra Health System Physician Referral Line 800-422-3627
Get up-to-date information about area physicians.

VISION IMPAIRED:

American Foundation for the Blind 800-232-5463

Foundation for the American Academy of Ophthalmology 800-222-3937
“National Eye Care Project”. Referrals for disadvantaged older adults.

Glaucoma Support Network 800-826-6693

Illinois Association of Ophthalmology 800-838-3627



**HEALTH & MEDICAL SERVICES:
SUPPORT GROUPS – (GENERAL)**

Lighthouse National Center for Vision and Aging 800-829-0500

Alcoholics Anonymous.....815-338-0462

Alano Club
545 W. South Street
Woodstock, IL 60098

Alcoholics Anonymous Women’s Group 815-338-0462

Alano Club
545 W. South Street
Woodstock, IL 60098

Alcoholic Families Anonymous..... 815-385-6400

Family Services
4100 Veterans Pkwy
McHenry, IL 60050

Al-Anon 815-338-0462
Alano Club www.al-anon.alateen.org
545 W. South Street
Woodstock, IL 60098

Alzheimer's Caregivers Support Group 815-338-3590
Family Alliance www.familyallianceinc.org
2028 N. Seminary Avenue
Woodstock, IL 60098

Better Breather's Club 815-759-4422
Cardiac Pulmonary Services
Northern Illinois Medical Center
4201 Medical Center Drive
McHenry, IL 60050

Diabetes Support Group 815-338-9143
St. Mary Catholic Church
312 Lincoln Avenue
Woodstock, IL 60098

Fibromyalgia Support Group 815-337-0467
First United Methodist Church
Woodstock, IL 60098

Good Shepherd Hospital Health Advisor 800-323-8622
Support groups offered:
After Care, Dieting/WeightLoss, Alcoholics Anonymous, Ex-Smokers, Anxiety Workshop, Nutrition
Counseling, Cancer Support, Stress Management, Diabetes, Y-Me.

Headwinds 815-759-7013
For those who have suffered a traumatic brain injury. **2nd Monday 7-8:30 pm**
Pioneer Center - East Annex
4001 W. Dayton Street
McHenry, IL 60050

NAMI Support Meetings For Depression 815-334-5058
Northern Illinois Medical Center - Classrooms
4201 Medical Center Drive
McHenry, IL 60050

Narcotics Anonymous 815-334-5058
Memorial Medical Center South
527 South Street
Woodstock, IL 60098

Nuts and Bolts..... 815-759-4640
For young stroke survivors, their families and friends.
Sites and times vary, so please phone ahead.

Wingspan Club For Stroke Victims 815-759-4624
Northern Illinois Medical Center – 2nd Floor Classrooms 2nd Wed. 1:00-3:00 pm
4201 Medical Center Drive
McHenry, IL 60050



HEALTH & MEDICAL SERVICES: SUPPORT GROUPS – (CANCER)

Care for the Caregiver

For those offering love and care to people living with cancer. Meets the 3rd Thursday of the month at 10:00 at the Centegra Sage Cancer Center, Gavers Resource Library.

For information call 815-759-4459

Hats Off! Cancer Support Group for Women

For women with any type of cancer diagnosis. Meets at the Centegra Sage Cancer Center, 4301 Medical Center Drive, McHenry, IL 60050 on the second Monday of the month at 6:30 p.m.

For information call Kathleen at 815-759-4461.

Make Today Count

A Cancer Support Group for anyone with a life-threatening condition, as well as their family and

friends. Meets at Memorial Medical Center - South Street Campus in Woodstock the first Wednesday of each month in the Atrium from 7:00-8:30 p.m.

Questions? Call Ruth Fosse at 815-338-9143

St. Peregrine's Cancer Support Group

A non-denominational support group for patients and their family and friends.

Meets every 2nd and 4th Tuesday of the month at:

St. John's Campus

2302 West Church

Johnsburg, Il 60051

Contact: Joan 815-385-9371 or Felicia 815-675-0140

Us Too Support Group

Us Too is an independent support network linking prostate cancer patients, survivors and their families. Meets in Elgin, Provena Hospital, on the 4th Tuesday of the month 7:30-8:30 pm, and Provena Family Center in Huntley on the 2nd Tuesday of the month from 12-1:15 pm.

Call 847-695-3200, et. 5767 to register and for directions.

Willow Creek Cancer Support Group

For patient, family members and caregivers. Meets at Willow Creek Church on the 2nd and 4th Saturday of each month. **For information call 224-512-1830**

Y-Me Breast Cancer Support Group

For women with the diagnosis of breast cancer, their family and friends. Meets the first Tuesday of the month at 7:00 pm in the Centegra Sage Cancerr Center, Gavers Resource Library? **Call Ruth at 815-338-9143.**



HOME HEALTH & HOMEMAKERS

PERSONAL CARE & LIVE-IN CARE AGENCIES:

These agencies can provide RN's, Home Health Aides, Homemakers, Companions and/or Live-In Assistants (call the agencies for specific services). Medicare and other insurance companies may not cover cost.

Able Home Health	815-399-2600
Adult & Child Rehabilitation Center	815-338-1707
Allay Home Care Agency, Inc.	847-669-7307
Alpha Christian Registry, Inc.	800-541-0244
Amidei Home Health Care, Inc.	815-356-8773
Angels By Your Side, Inc.	815-459-2710
Barbara’s Home Care Services	815-477-4979
BrightStar	815-356-9888
Care Management Unlimited	847-658-6110
Care Team Home Health	847-658-9070
Caregivers Home Health	800-338-0477
Centegra Home Health Care	815-344-6602
Comfort Keepers	847-231-4100
Dyna Care Home Health, an Amedisys Co.	847-658-2220
Direct Link	815-206-1020
Faith in Action of McHenry County	815-455-3120
Griswold Special Care	847-961-6550
Harmony Home Care	847-382-6200
Health Trends	815-788-1891

Heartland	888-733-3750
Homewatch Caregivers.....	815-459-1502
Home Care Personal Services, Inc.....	815-455-7005
Home Helpers	815-206-1020
Home Instead Senior Care	847-462-0303
Infinity Employment Agency, Inc.....	815-385-6372
McHenry County Department of Health.....	815-334-4510
OnishiCare	815-477-7856
Provena Home Health Care	847-931-5553
Right at Home.....	847-458-8656
Senior Services Associates, Inc.	815-344-3555
Sherman Home Health Care.....	847-429-6200
Visiting Angels	800-365-4189
We Care Home Care.....	847-639-2166



HOSPICE

Advocate Home Health Services..... 800-564-2025
 2311 W. 22nd Street
 Oakbrook, Illinois 60523

Harbor Light Hospice **800-419-0542**

800 Roosevelt Rd.
Glenn Ellyn, Illinois

Heartland888-733-3750
220 N. Smith Street
Palatine, Illinois 60067

Hospice Care of America.....815-316-2700
483 North Mulford Road www.hospicecareofamerica.com
Rockford, IL 61107

Hospice of Northeastern Illinois 800-425-4444
410 S. Hager Avenue www.hospiceanswers.org
Barrington, Illinois 60010

Hospice Partners 800-994-9400
49 Sherwood Terrace, Suite N hcr-manorcare.com
Lake Bluff, Illinois 60044

Odyssey Healthcare.....815-360-2220
6801 Spring Creek Rd, Suite 2C www.odshealth.com
Rockford, IL 61114

Star Hospice of Vista Health 847-360-2220
..... 847-360-2220
99 Greenwood Ave www.vistahealth.com
Waukegan, Illinois 60085
Service area east of Rte. 47, north of Rte. 14

Seasons..... 800-570-8809
660 Potter Road www.seasons.org
DesPlaines, IL 60016

VITAS Healthcare Corporation 630-495-8484
580 Waters Edge, Suite 100
Lombard, Illinois 60148

Visiting Nurse Association of Fox Valley Elgin..... 847-888-0505
115 South Grove Avenue www.vnafoxvalley.com
Elgin, Illinois 60120

Visiting Nurse Association of Rockford 815-971-3550
 4223 E. State Street www.rhsnet.org/medical-programs-vna.aspx
 Rockford, Illinois 61108



HOSPITALS

Centegra Memorial Medical Center 815-338-2500
 Rt. 14 & Doty Road www.centegra.org
 Woodstock, IL 60098

Centegra Northern Illinois Medical 815-344-5000
 4201 Medical Center Drive www.centegra.org
 (Rt. 31 and Bull Valley Rd.)
 McHenry, IL 60050

Mercy Harvard Hospital 815-943-5431
 901 Grand Street www.mercyhealthsystem.org
 Harvard, IL 60033

Good Shepherd Hospital..... 847-381-9600
 450 W. Highway 22 www.advocatehealth.com
 Barrington, IL 60010

St. Joseph Hospital 847-695-3200
 77 N. Airlite Street www.provena.com
 Elgin, IL 60123

Rockford Memorial..... 815-971-5000
 2400 N. Rockton Avenue www.rhsnet.org
 Rockford, IL 61103

Swedish American Hospital 815-968-4400
1401 E. State Street
Rockford, IL 61104
www.swedishamerican.org

Sherman Hospital..... 800-397-9000
934 Center Street
Elgin, IL 60120
847-742-9800
www.shermanhealth.com



HOSPITALS: URGENT CARE

Sherman Family Health Care 815-479-5800
4900 S. Route 31
Crystal Lake, Illinois 60012

Sherman Family Health Care 847-429-4410
2320 Royal Boulevard
Elgin, Illinois 60123

Mercy Immediate Care..... 815-337-1544
1000 Lake Avenue
Woodstock, IL 60098
Open M-F 8 a.m. – 8 p.m.
Sat-Sun 8 a.m. – 6 p.m.

Mercy Urgent Care 815-337-1544
1000 Lake Avenue
Woodstock, Illinois 60098



HOUSING

\$ Paxem, Inc..... 847-269-6272
Provides packing and organizing services to facilitate changes in residence or simplification of current home environment.

\$ Silver Connections.....847-462-8266
A free senior housing referral service for seniors who are contemplating a transition from one home to another.

McHenry County Housing Authority 815-338-7752
Provides housing, energy and related services to low-income McHenry County residents. Emergency assistance available on a limited basis for homeless or crisis situations.

McHenry County PADS, Inc..... 815-338-5231
Provides emergency cold weather shelter, transitional housing, social support services and preventative services for the homeless/near homeless of McHenry County.

Home of the Sparrow, Inc.815-344-5171
Homeofthesparrow.com
Provides shelter, living skills training and various services to enhance the quality of life for homeless women of all ages and their children.

INDEPENDENT SUBSIDIZED HOUSING:

Angelus Retirement Community.....815-385-9840

Autumn Wood Apartments, Woodstock..... 815-334-9380

Crystal Terrace, Crystal Lake 815-338-5151

Greentrees, Huntley 815-338-7752

Harvard Retirement Home 815-943-3350

Hebron Meadow Apartments, Hebron 815-648-4548
800-346-8581

Hillcrest Apartments, McHenry 815-363-5919
Mapletree, Woodstock 815-338-5151
Silvertrees, Richmond..... 815-338-7752
Tower View, McHenry..... 815-344-4799
Villager Apartments, Crystal Lake 815-459-7788
Walden Oaks, Woodstock 815-338-7630

INDEPENDENT NON-SUBSIDIZED SENIOR HOUSING:

McHenry Villa.....815-344-0246
Peterson Meadows Retirement Community.....815-229-0390

NURSING HOMES:

***Alden Terrace 815-344-2600**
 803 Royal Drive **thealdennetwork.com**
 McHenry, IL 60050
 Skilled and Intermediate Care, Specialized Alzheimer’s Care Unit
 Private Pay, Medicare, Medicaid

***Crystal Pines Health Care 815-459-7791**
 335 North Illinois Street
 Crystal Lake, IL 60014
 Skilled and Intermediate Care
 Private Pay, Medicare, Medicaid

***Fair Oaks Health Care..... 815-455-0550**
 471 W. Terra Cotta Ave.
 Crystal Lake, IL 60014
 Skilled and Intermediate Care
 Private Pay, Medicare, Medicaid

***Florence Nursing Home 815-568-8322**
 546 East Grant Highway

Marengo, IL 60152
Intermediate Care
Private Pay

***The Fountains at Crystal Lake 815-477-6400**
1000 East Brighton Lane www.sunriseseniorliving.com
Crystal Lake, IL 60012
Skilled and Intermediate Care
Private Pay, Medicare
Specialized Alzheimer's Care Unit

***Harvard Hometown Care Center 815-943-2962**
901 Grant St. www.mercyhealthsystems.org
Harvard, IL 60033
Skilled and Intermediate Care
Private Pay, Medicare, Medicaid

***Hearthstone Manor 815-338-1749**
920 North Seminary Ave. www.hearthstoneil.org
Woodstock, IL 60098
Skilled and Intermediate Care
Private Pay, Medicare, Medicaid

***Maple Crest Care Centre 815-338-0312**
4452 Squaw Prairie Road www.maplecrestcarecentre.com
Belvidere, Il 61008
Skilled and Intermediate Care
Private Pay, Medicare, Medicaid

Valley Hi Nursing Home..... 815-338-0312
2406 Hartland Road www.co.mchenry.il.us/common/CountyDpt/VHi/default.asp
Woodstock, Il 60098
Skilled and Intermediate Care
Private Pay, Medicare, Medicaid

Wauconda Healthcare & Rehabilitation Center.....847-526-5551

176 Thomas Court
Wauconda, IL 60084
Specialized Alzheimer's Care Unit
Skilled and Intermediate Care
Private Pay, Medicare, Medicaid

www.waucondacare.com

***Woodstock Residence..... 815-338-1700**

309 McHenry Ave.
Woodstock, IL 60098
Skilled and Intermediate Care
Private Pay, Medicare, Medicaid

***Denotes Respite Care**

ASSISTED LIVING:

McHenry Retirement Community.....815-385-9840

3300 Charles J Miller Rd
McHenry, IL 60050

www.midwestseniorliving.net

Eastgate Manor 847-458-2800

101 Eastgate Court
Algonquin, Illinois 60102

www.lexingtonhouse.com

P and S Senior Care 815-337-3622

1606 North Rose Farm Road
Woodstock, Illinois 60098

Sunrise Assisted Living..... 815-444-6600

751 Terra Cotta Avenue
Crystal Lake, Illinois 60014

www.sunriseseniorliving.com

The Fountains at Crystal Lake 815-455-8400

965 North Brighton Circle
Crystal Lake, Illinois 60012

www.sunriseseniorliving.com

Village Cove 815-337-2720

104 Benton Street
Woodstock, Illinois 60098

www.villagecove.com

Hearthstone Village..... 815-338-2110
 840 N. Seminary Avenue www.wclsil.org/manor
 Woodstock, Illinois 60098

Supportive Living - N.E. Illinois Area Agency..... 630-293-5990
 Illinois developed the Supportive Living Program as an alternative to nursing home care for low-income older persons and persons with disabilities under Medicaid. For more information and a list of these facilities in the metropolitan Chicago area, contact the Northeastern Illinois Area Agency on Aging.



INSURANCE

Illinois Department of Insurance..... 312-814-2427
 Answers questions and complaints about insurance www.ins.state.il.us

Senior Health Insurance Program (SHIP)..... 815-759-4203
 SHIP counselors assist with questions regarding Medicare, Medicare supplemental insurance, Long Term Health Care Plans, Retiree Health Plans, Pharmaceutical Assistance Programs, claims processing and appealing claim denials. www.ins.state.il.us



LEGAL SERVICES

AARP Legal Services Network 866-330-0753
www.aarp.org

Guardianship & Advocacy Commission..... 815-987-7657
<http://gac.state.il.us>

An executive state agency created to safeguard the rights of adult disabled persons by providing advocacy and guardianship services. Call 866-274-8023 with intake questions about guardianship.

Illinois Attorney General’s Office 800-243-5377
 Program to combat fraud and crime against the elderly.

wwwIllinois Lawyer Finder.com 217-525-5297
 Referral to an area attorney in private practice. First half hour of the referred lawyer’s service at a reduced rate. Hours: 9 am-2 pm Mon.-Fri.

Prairie State Legal Services.....815-206-5828 or 800-942-3940
www.pslegal.org
 Provides free legal advice and representation to low-income and elderly people with non-criminal problems; e.g., evictions, public benefits, and family.



MEDICAL EQUIPMENT

Medical equipment for home use. Rental, loan or purchase. Delivery service provided. Some Medicaid, Medicare, and private insurance. Some at no cost with confirmed diagnosis. Call for specified information.

American Cancer Society 800-942-6985
 Can provide contacts for medical equipment. **www.cancer.org**

\$ American Home Care Patient..... 800-773-9999
 Durable medical equipment from Arlington Heights.

\$ Apria..... 800-365-8600
 Supplies all health care equipment.

\$ Best Medical Equipment Co. - Full Service..... 847-356-3067
 Stair elevators, power systems, respiratory equipment. Can rehab houses for handicap access. Services McHenry County and also gives advice on Medicare coverage.

\$ Dependicare 847-741-5187
Durable medical equipment company and hospital equipment and respiratory equipment.

\$ Dynacare 847-658-2220
A durable medical equipment company that services McHenry County.

\$ Gattone Pharmacy..... 815-344-2570
Supplies medical supplies, not beds.

\$ Hartland Home Medical Supply 815-444-8870
All equipment available.

\$ Integrated Home Care 815-227-0202
All supplies.

\$ Lang Home Medical Equipment..... 847-537-2257
All supplies.

\$ Mark Drug Home Health847-895-0011

\$ Medical World Home Health 815-459-2249
Ostomy and Mastectomy

\$ Quality Health Care 800-206-5036
All equipment available.



MEDICARE & MEDICAID

\$ Ultra Care 847-516-2373
Medicare Hotline..... 800-633-4227
www.medicare.gov

Social Security Administration 800-772-1213

Answers Medicare enrollment & eligibility questions. Provides Medicare Handbook. Replaces Medicare cards.

Senior Health Insurance Program (SHIP)..... 815-759-4203
Medicare counseling at no charge.

Department of Public Aid..... 815-338-0234
2215 Lake Shore Drive
Woodstock, Illinois 60098
Aid to aged, blind and disabled (including food stamps and medical assistance) available to those who meet eligibility requirements. Financial assistance for nursing home care.

Public Assistance Line 800-843-6154
Information on Public Aid.



PERSONAL EMERGENCY RESPONSE SYSTEMS

911 EMERGENCY ONLY:

Crisis Line 800-892-8900
Any crisis, 24 hours a day

ADT Companion Service..... 815-344-3555
Senior Services Associates, Inc.

Lifeline..... 847-382-7277
Good Shepherd Hospital, Barrington

Lifeline..... 800-543-3546



PHARMACEUTICAL ASSISTANCE PROGRAMS

The following two organizations are able to answer questions or assist in the completion of applications for pharmaceutical assistance programs.

Senior Services..... 815-344-3555

Senior Health Insurance Program..... 815-759-4203

Senior Care www.seniorcareillinois.com

Assists low income seniors in Illinois in paying for prescription drugs. Must be 65 or older.

Circuit Breaker Illinois Department of Aging 800-624-2459

www.iltax.com/circuitbreaker/

Assists seniors and disabled persons with specific prescriptions for: arthritis, diabetes, heart conditions, high blood pressure, glaucoma, cancer, Alzheimer’s disease, Parkinson’s disease and smoking related illnesses. Income limits apply. Must be 65 or older or disabled.

Medicare Approved Drug Discount Card 800-633-4227

www.medicare.gov

Medicare approved discount drug-buying program for all Medicare beneficiaries.

Illinois Rx Buying Club 866-215-3462

www.IllinoisRxBuyingClub.com

Discount drug-buying program for seniors 65 and older.

Needy Meds..... www.needymeds.com

Website lists special programs to assist people who are unable to afford the prescriptions they need.

Rx Hope..... 908-850-8004

www.rxhope.com

Rx Hope is a private firm, funded in part by the Pharmaceutical Research and Manufacturers of America (PHARMA), which provide links to the various prescription assistance programs available.

AARP Pharmacy Service..... 800-456-2277

Mail order pharmacy service.

National Healthcare Discount 800-720-5055

Offers discounts on prescriptions, vision and dental services. Offers membership plans.



PUBLIC SAFETY

Emergency Dial.....911

McHenry County Sheriff's Department.....815-338-2144
..... www.co.mchenry.il.us/Common/CountyDpt/Sheriff/default.asp

FIRE DEPARTMENTS (non emergency):

Algonquin/Lake in the Hills.....847-658-8233
1020 W. Algonquin Rd
Lake in The Hills, IL 60156

Cary.....847-639-2121
400 Cary-Algonquin Rd.
Cary, IL 60013

Crystal Lake.....815-459-7443
100 W. Municipal
Crystal Lake, IL 60039

Fox River Grove.....847-639-9232
411 Algonquin Rd.
Fox River Grove, IL 60021

Harvard.....815-943-6927
502 S Eastman
*P.O. Box 263
Harvard, IL 60033

Hebron.....815-648-2218
12302 Rt. 173
*P.O. Box 345

Hebron, IL 60034

Huntley.....847-669-5066

11808 Coral St.
*P.O. Box 517
Huntley, IL 60142

Marengo

110 Telegraph St.....815-568-6316

Marengo, IL 60152

120 E Prairie St.....815-568-8912

Marengo, IL 60152

McHenry.....815-385-0075

3610 W. Elm St.
McHenry, IL 60050

Richmond.....815-678-3672

5601 Hunter Dr.
Richmond, IL 60071

Spring Grove.....815-675-2450

82147 Richardson Rd
Spring Grove, IL 60081

Union.....815-923-4488

15217 Hemmingsen Rd
Union, IL 60180

Wonder Lake.....815-653-4041

4300 E Wonderlake Rd
*P.O. Box 447
Wonderlake, IL 60097

Woodstock.....815-338-2621

435 E Judd St.

*P.O. Box 423
Woodstock, IL 60098

POLICE DEPARTMENTS (Non Emergency):

Algonquin Police Dept.....847-658-4531
2200 N Harnish Drive
Algonquin, IL 60120

Barrington Hills Police Dept.....847-551-3006
112 Algonquin Rd.
Barrington Hills, IL 60010

Bull Valley Police Dept.....815-459-4728
1904 Cherry Valley Rd.
*P.O. Box 553
Woodstock, IL 60098

Cary Police Dept.....847-639-2341
654 Village Hall Dr.
Cary, IL 60013

Crystal Lake Police Dept.....815-459-2020
100 W Woodstock St.
Crystal Lake, IL 60014

Fox River Grove Police Dept.....847-639-2411
305 Illinois St.
Fox River Grove, IL 60021

Harvard Police Dept.....815-943-4431
201 W Front St.
Harvard, IL 60033

Hebron Police Dept.....815-648-2351
12207 Prairie Ave
*P.O. Box 112
Hebron, IL 60034

Holiday Hills Police Dept.....815-385-2828
1304 Sunset Dr.
McHenry, IL 60050

Huntley Police Dept.....847-669-2141
11351 Allison Court
Huntley, IL 60142

Island Lake Police Dept.....847-526-2100
3720 Greenleaf Ave.
Island Lake, IL 60042

Johnsburg Police Dept.....815-385-6024
3611 Chapel Hill Rd.
McHenry, IL 60050

Lake In The Hills Police Dept.....847-658-5676
1115 Crystal Lake Rd.
Lake In The Hills, IL 60156

Lakemoor Police Dept.....815-385-4111
234 W Rand Rd.
McHenry, IL 60051

Lakewood Police Dept.....815-459-2151
2500 Lake Ave.
Crystal Lake, IL 60014

Marengo Police Dept.....815-568-7231
142 E Prairie St.
Marengo, IL 60152

McCullom Lake Police Dept.....815-385-2161
4811 W Orchard Dr.
McCullom Lake, IL 60050

McHenry County Conservation Police.....815-338-6223

18410 US Hwy 14
Woodstock, IL 60098

McHenry Police Dept.....815-363-2200
333 S Green St.
McHenry, IL 60050

Oakwood Hills Police Dept.....815-444-9453
3020 N Park Dr.
Oakwood Hills, IL 60013

Port Barrington Police Dept.....847-526-2131
69 S Circle Drive
Barrington, IL 60010

Prairie Grove Police Dept.....815-455-3918
3121 Barreville Rd.
Prairie Grove, IL 60012

Richmond Police Dept.....815-678-2351
5600 Hunter Drive
Richmond, IL 60071

Spring Grove Police Dept.....815-675-2596
7401 Meyer Rd.
Spring Grove, IL 60081

Union Police Dept.....815-923-2341
17703 O’Cock Rd
*P.O. Box 94
Union, IL 60180

Wonder Lake Police Dept.....815-728-0535
4200 N Thompson Rd
Wonder Lake, IL 60097

Woodstock Police Dept.....815-338-2131
656 Lake Ave
Woodstock, IL 60098

*Denotes Mailing Address



REAL ESTATE TAX RELIEF

Property Tax Relief Programs available to seniors include the following:

Circuit Breaker

Illinois Department of Aging.....800-624-2459 or
800-544-5304 (TDD)

The tax relief program, which offers a cash grant to individuals over age 65, is based on income and residence in a property for which taxes are paid.

Senior Services Associates, Inc

McHenry. 815-344-3555
Crystal Lake.....815-356-7457

The following exemptions lower the assessed valuation of your property to which the tax rate is applied.

*Senior Homestead Exemption

Supervisor of Assessments Office 815-334-4290
Township Supervisors (See Page 8)
Senior Services Associates 815-344-3555

*Senior Assessment Freeze

Supervisor of Assessments Office 815-334-4290
Township Supervisors (See Page 8)
Senior Services Associates 815-344-3555

Real Estate Tax Referral

McHenry County Collector 815-334-4260
Senior Services Ass 344-3555



SOCIAL & EDUCATIONAL ORGANIZATIONS

§ Denotes for profit business

Please call Senior Services at 815-344-3555 for a list of local senior clubs and organizations.

EDUCATION:

Alexian Brothers Older Adult Institute 847-956-5465
Offers a variety of programs, presentations, and workshops for older adults and their families, including the resources needed to age gracefully in one's home.

American Red Cross 800-337-2338
A variety of education programs including CPR and First Aid classes.

Local Red Cross Office 847-949-1000
312-729-6100

Centegra Health System 815-759-8116
Information regarding educational offerings. www.centegra.org

Elder Hostel 877-426-8056
Short-term educational opportunities in colleges and universities throughout the U.S. and other countries. www.elderhostel.org

LIBRARIES:

Area libraries provide large print books, talking books, and special services for the visually and physically handicapped. Delivery provided by some libraries or volunteer groups. Check your local library for specific services.

Algonquin Area Public Library..... 847-458-6060
www.aapld.org

Cary Area Public Library 847-639-4210
cary.lib.il.us

Crystal Lake Public Library 815-459-1687
crystallakelibrary.org

Fox River Grove Memorial Library..... 847-639-2274
www.frgml.lib.il.us

Harvard Diggins Library 815-943-4671

www.harvard-diggins.org

Hebron Public Library 815-648-4072

Huntley Area Public Library 847-669-5386

huntleylibrary.org

Johnsburg Library 815-344-0077

www.johnsburglibrary.org

Marengo Public Library 815-568-8236

marengopubliclibrary.org

McHenry Public Library 815-385-0036

mchenrylibrary.org

Nippersink Public Library District 815-678-4014

www.nippersinklibrary.org

Woodstock Public Library 815-338-0542

woodstock.org

McHenry County College 815-479-7605

www.mchenry.edu/coneducation/RAP.asp

The Retired Adults Program (RAP) offers on-campus education and enrichment activities of interest to older adults. Senior tuition discounts are also available (with some exceptions) for credit and non-credit classes.

National Association for Visually Handicapped 212-889-3141

Supplies large print books, newsletter, visual aids, information and helpful hints for partially seeing senior. For fee kit of information, write or call. (No toll-free number).

National Library Service for the Blind & 800-424-8567

Physically Handicapped — Library of Congress

Access to talking books

University of Illinois 815-338-3737

Cooperative Extension Service for McHenry County

web.extension.uiuc.edu/state

789 McHenry Ave.

Woodstock, IL 60098

Home economics group, speaker's bureau.



TRANSPORTATION

AMBULANCE SERVICES:

Air Ambulance Network..... 800-327-1966
Call toll free - 24 hours a day. Transports anywhere from United States, Canada and other countries by air.

**A-TEC Ambulance Service 815-477-2400
847-362-0200**
24 hr. Advanced Life & Basic Life Support transportations, Emergency & Non-Emergency and scheduled transportation by Stretcher.

Elgin Medi-Transport..... 800-339-6334
Advanced & Basic Life Support Transportation. **815-344-0004**

SENIOR BUSES AND VANS:

Dial-A-Ride (PACE)..... www.pacebus.com
Transports within city limits. Buses equipped with wheelchair lifts. Town routes also available. Residents can call their municipality to see if Dial-A-Ride services are available in their community.

Crystal Lake..... 800-671-6717
Harvard 815-943-7700
Lake in the Hills..... 800-671-6717
Marengo 800-273-5939
McHenry Township 800-451-4599
Woodstock..... 815-338-5240
Other Communities Call: 847-364-7223

Town Routes:

#806 - runs daily from Crystal Lake to McHenry to Fox Lake. Starts and ends in Crystal Lake between 5:55 am and 5:02 pm.

#808 - runs daily Crystal Lake to Woodstock to Harvard. Starts and ends in Crystal Lake between 6:30 am to 5:05 pm.

Regional Transportation Authority (customer service) 312-913-3110
Transit Benefit Program 800-531-2828
Reduced rates for train and fixed route buses for those individuals 65 years and older.

Courtesy Van - Good Shepherd Hospital 1-888-574-5700
Nominal Fee - To and From Hospital Campus.

Patient Express - Centegra Health System 815-344-5000 Ext. 3456
To Centegra facilities only.

TOWNSHIP SENIOR TRANSPORTATION:

Algonquin Township 847-639-2700 Ext. 6
Mon.-Fri. 7:30 am-3 pm

McHenry Township 815-385-5605
Mon.-Fri. 8:30 am-4:30 pm

Nunda Township 815-459-4410
Mon.-Fri. 8 am-2:30 pm

VOLUNTEER TRANSPORTATION PROGRAMS:

Senior Services, Inc. Transportation Program 815-344-3555
Coordinates volunteer transportation.

Faith In Action of McHenry County 815-455-3120
Transportation program coordinates volunteer transportation.

TAXIS:

Crystal Lake..... 847-516-8294

Huntley 815-455-0008

Woodstock..... 815-337-8294

McHenry Cab 815-385-0723

McHenry Yellow Cab 815-385-6100



VOLUNTEER OPPORTUNITIES

Centegra Health System Volunteer Services

Memorial Medical Center 815-334-3187

3701 Doty Road
Woodstock, Illinois 60098

Northern Illinois Medical Center 815-759-4203

4201 Medical Center Drive
McHenry, Illinois 60050

The following organizations are actively recruiting volunteers for placement throughout McHenry County. Put your skills to use.

Faith In Action of McHenry County 815-455-3120

Invites volunteers of all ages and groups to assist with senior needs.

Retired & Senior Volunteer Program (RSVP)..... 815-344-3555

Invites adults age 55 and over to share their lifetime of experience.

3519 N. Richmond Road
McHenry, Illinois 60050

United Way McHenry County Volunteer Center 815-344-4843

4508 Prime Parkway
McHenry, IL 60050 **www.volunteermchenrycounty.org**

Managed by Community Resource Network, United Way McHenry County Volunteer Center effectively engages individuals and groups of all ages in volunteerism to help solve critical social problems.

2007 McHenry County Task Force on Aging Members

Able Home Health	Homewatch Caregivers
Alden Terrace	Hospice Care of America
Alexian Brothers Older Adult Institute	Hospice of Northeastern Illinois
Algonquin Township	Integrity Financial Professionals
Allay Home Care	Maple Crest Care Centre
Alzheimer's Association N. Branch	Mark Drug Home Health
American Red Cross	McHenry County College
Angels By Your Side	McHenry County Health Dept.
Brightstar	McHenry County Sheriff's Dept.
Caregivers Home Health	McHenry Retirement Community
Centegra Home Health	McHenry Township
Centegra Ext Care - Memorial Medical Center	McHenry Villa
Centegra - Northern Illinois Medical Center	Northeastern Illinois Area Agency on Aging
Comfort Keepers	Paxem, Inc.
Crystal Pines Rehab & Health	Peterson Meadows Retirement Community
Dorr Township	Prairie State Legal Services
Eastgate Manor	Right At Home
Ever So Young Seniors	St. Mary's Parish
Fair Oaks Home Health Care	Senior Resource Alliance
Faith in Action	Senior Services (McHenry)
Family Alliance	Senior Services (Elgin)
Financial Freedom	Senior Services (Crystal Lake)
Financial Services, Inc.	Vitas Hospice
Fountains at Crystal Lake	Walden Oaks
Genworth Financial	Wauconda Health Care
Good Shepherd Hospital	Woodstock Christian Life Services
Home Care Personal Services	Woodstock Residence
Home Instead Senior Care	